

## HWTA Charity 2017: Meals on Wheels

For our 2017 Charity, HWTA has chosen **Meals On Wheels**. **Meals On Wheels** provides one nutritious meal Monday-Friday, year round, to seniors age 60 and over, who are unable to cook for themselves, have no one available to cook for them, and are primarily homebound. The meals are delivered by volunteers to their homes, and are provided at no cost, or a small donation, to the clients. There will be a special wagon at our upcoming Spring Tournament each day to collect small items that can be placed into gift bags to be delivered to clients. We will have a representative from **Meals On Wheels** to speak to us at the September general membership meeting. We will also collect again at the HWTA Fall Tournament.

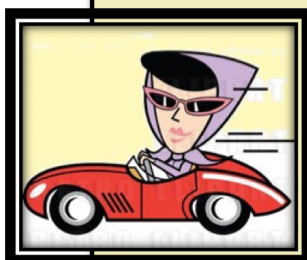
- Sue Gibson

### How Can I Help?

1. Bring items from the list below to donate at the spring HWTA tournament.
2. The greatest need currently is substitute drivers to deliver meals. You may choose the day of the week that you are available and also the route.
3. In addition, regular route drivers are needed. Again, you may choose the day of the week that you are available and select the route that you prefer.

#### For additional information:

Meals-On-Wheels.com or [jglynn@seniorview.com](mailto:jglynn@seniorview.com) or call Jeanie, phone number 256-382-0920.



### MEALS ON WHEELS NEEDS LIST

<u>Band-aids</u>	Note pads
Birthday, get well, etc. cards	Pencils/pens
Dental floss	Refrigerator magnets
Dental picks	Small bottle
Hotel size lotion	hand sanitizer
Hotel size shampoo	Small Kleenex packs
Hotel size soap	Stamps
Nail clippers	Toothbrushes
Neosporin	Toothpaste